

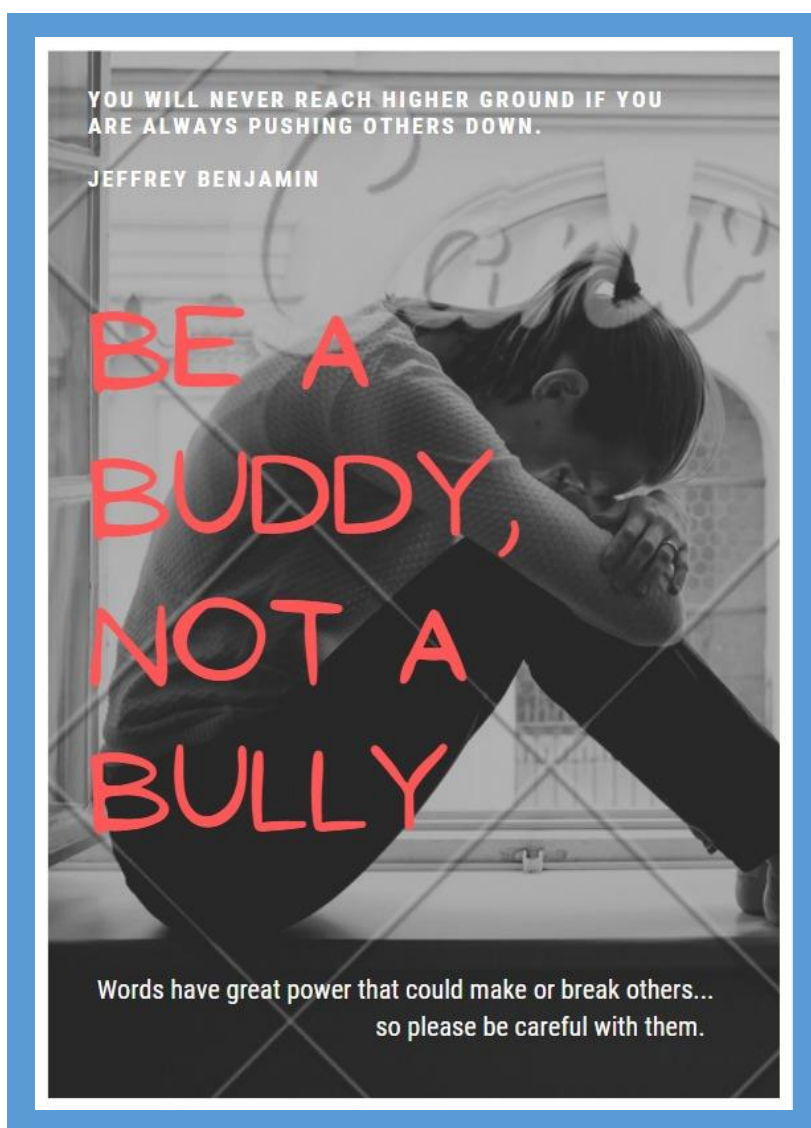


Co-funded by the
Erasmus+ Programme
of the European Union



ERASMUS+, 2019 – 2022, Nr. 2019-1-RO01-KA229-063933_1

BIBLIOTHERAPY - AN ANTI-BULLYING TOOL ... AND A FRIENDSHIP QUILT



One of the final results of the project “Literature – a Framework for Social and Emotional Learning” is *BIBLIOTHERAPY - AN ANTI-BULLYING TOOL* which helps the pupils to improve their ability to sympathize, to respect otherness, to tolerate, to learn using comparison and contrast friendly behaviours.

Teachers selected literary texts with multidimensional characters that have experienced different types of bullying.

The pupils participated in workshops and debates, creating sets of suggestions using ICT. “An Encounter with a Bully” - Do's and Don'ts, read about “Great Friendships” in Literature, identify and analyse civic and social behaviours.

They created a “Friendship Quilt” with personal messages, drawings, motivational quotes which will be displayed in school library.

After this activity:

- pupils got behavioural skills and knowledge about positive relationships;
- how to recognize bullying and suggestions about how to cope with it.
- the activities will reduce risk behaviours.

We present a part of their creative work, after a process of selection.
Enjoy!

LOSER

NO ONE DESERVES TO BE BULLIED!

STUPID

STOP THE BULLYING

Unite to end bullying!

"I WOULD RATHER BE A
LITTLE NOBODY THAN TO BE
AN EVIL SOMEBODY."
- ABRAHAM LINCOLN

BE SURE TO TASTE YOUR
WORDS BEFORE YOU SPIT
THEM OUT.

No one
deserves
to feel
worthless

Bullying
IS
NOT
OK

BULLYING

MEANNESS
IS A SIGN
OF
WEAKNESS

- Never be bullied into silence.
- Never allow yourself to be made a victim.
- If people are trying to bring you down it only means that you are above them.
- Standing up for someone who's being bullied shows care and courage in your heart.
- Blowing out someone else's candle does not make yours shine any brighter.

SAY NO TO DOMESTIC VIOLENCE

Violence is not a solution! Children are the most affected!



Please daddy, don't hit mommy!

Children need to grow up in a healthy environment to have a healthy mind

Tell people bullying is
unacceptable.

STOP X X X **BULLYING** **→ → → NOW**

**ENCOURAGE
OTHERS TO
DO WHAT
THEY LOVE
AND WHAT
MAKES
THEM FEEL
HAPPY.**



Talk about what
bullying is and how
to stand up to it
safely.
Keep the lines of
communication open.



**STOP BEING
MEAN
ON THE SCREEN**







SARAH AND MIKE

Fight against Bullying!

Dos and don'ts

1. Support and befriend the victims of bullying
2. Help others to have confidence to tell someone
3. Think of other people's feelings
4. Be aware of bullying and look out for it
5. Report it, if you witness bullying



1. Don't ignore the problem
2. Don't join in when everyone else seems to
3. Don't join in because you're frightened you might be picked on
4. Don't pick on others or tease
5. DON'T KEEP QUIET ABOUT BULLYING!

Join us!



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PLOT

There is a new kid at school. And there is someone who doesn't seem to like him. The school bully will do anything to hurt him. Even if he must commit a crime... but he will have to learn the meaning of forgiveness and friendship.



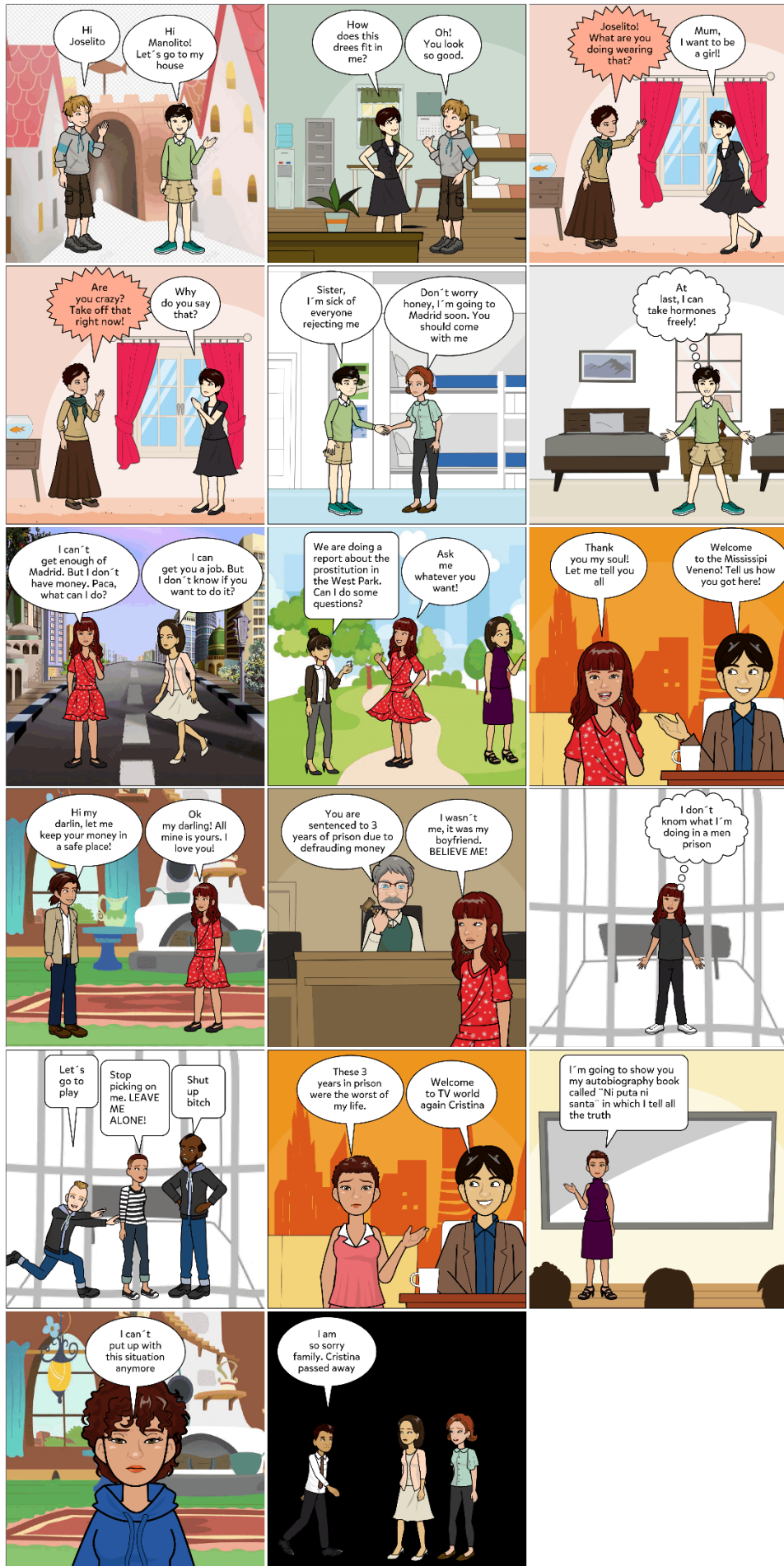


If you were watching this scene, what would you do?



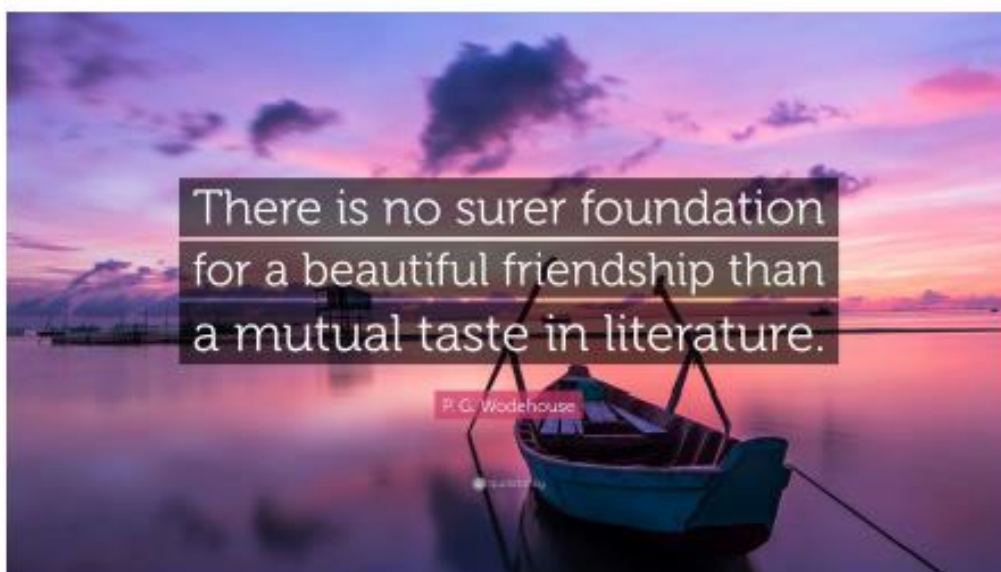








Friendship quilt



Friendship quilt





the friendship between Alki Zei and Zorz Sari

Popular novelists Alki Zei and Zorz Sari, have met in this book, for submitting memories of a long-standing friendship, childhood, shared high school years, war and occupation. Alki Zei's distinct tone of tenderness, states about the book: "Although many years have gone since we were children, both Zorz and I remember a lot of details from our childhood and every time we meet we always have something to say about those two little girls, the inseparable friends while so different from each other. We may have had difficult years of war and occupation, we starved, we suffered cold, fear, and however the moments we lived were so strong, so full. And if now we are writing memories from our childhood, it is because some feelings are common to all children of all times."



LILA'S IMAGE WAS AFFECTED BY GAGE'S LIES. THIS ONLY MADE HER ALREADY AFFECTED EMOTIONAL STATE EVEN MORE DEPLORABLE.

DO NOT BULLY. YOU ARE NOT SUPERIOR IF YOU BULLY OTHERS.



DON'T BULLY!!!



This final result of the project Erasmus+ was realized with the help of the teams of the project with the following coordinators:

Nicolae Loghinaș (Romania)

Regina Pinto (Portugal)

Ana Raquel Mendoza (Spain)

Valentina Fiorito (Italy)

Anastasia Patera (Greece)



Erasmus+ project
2019 – 2022

Literature – a Framework for Social and Emotional Learning
Nr. 2019-1-RO01-KA229-063933_1